

Appointment Preparation Checklist

Virginia Family Care Center - general patient checklist

Please bring:

- ☐ Photo identification
- ☐ Current insurance card
- ☐ Current medication and supplement list
- ☐ Relevant hospital, specialist, imaging, or laboratory records
- ☐ List of questions or concerns to discuss
- ☐ Required school, sports, work, or leave paperwork
- ☐ Updated pharmacy name and phone number
- ☐ Referral or prior authorization information, when required by your plan

Notes for the visit
